



# Stoma Support Group

**ACT AND DISTRICTS STOMA ASSOCIATION** would like to invite you to attend a support group for ostomates, and their families, to meet, obtain peer support and have a cuppa and biscuit.

**Where – Act & Districts Stoma Association**  
**Training Room Two**  
**1st Floor, City Health Building**  
**1 Moore St, (Cnr Moore & Alinga ST)**  
**Canberra**

**Dates - 2025**

- **Thursday 20<sup>th</sup> February**
- **Thursday 17<sup>th</sup> April**
- **Thursday 19<sup>th</sup> June**

**Time: 12pm – 2pm**

**Close to public transport.**

**RSVP for this meeting is required**

**Contact – Geoff Rhodes (ostomate happy to chat with you) on 0416 206 871 or email [stoma@actstoma.net.au](mailto:stoma@actstoma.net.au) to RSVP.**

